* break and continue statements used in loops

break Statement:

* It was used **to exit the loop immediately**, regardless of the loop condition.

EX:

#include <iostream>

using namespace std;

int main () {

for (int i = 1; i <= 10; i++) {

if (i == 5) {

break; // loop stops when i is 5

}

cout << i << " ";

}

return 0;

}

continue Statement:

* Skips the **current iteration** of the loop and goes to the next iteration

EX; -

#include <iostream>

using namespace std;

int main () {

for (int i = 1; i <= 10; i++) {

if (i == 5) {

continue; // skips when I is 5

}

cout << i << " ";

}

return 0;

}